

DEPARTMENT OF YOGA FOR HEALTH PROMOTION			
Space for Yoga instructor, supporting staff and equipment-40 sq. mtr.			
Details of items of Equipment etc available as per MES(MES) Regulations			
1.	Equipment required in Department of Yoga for Health Promotion		
S. No	Items	Required	Available
1.1.	Weighing machine	1	01
1.2.	Height chart	1	Available
1.3.	Blood pressure instrument	1	01
1.4.	Stethoscope	1	01
1.5.	Torch	1	01
1.6.	Hammer	1	01
1.7.	Patient record register	1	01
1.8.	Case taking Performa	as required	Available
1.9.	Diet chart pad	as required	Available
1.10.	Yoga mat	35	Available
1.11.	Yoga stretching belt	10	Available
1.12.	Yoga exercise ball	05	05
1.13.	Belly twister	02	03
1.14.	Fitness cycle	01	01
1.15.	Palm ball	05	05
2.	Staff Qualification as per Schedule III		
	Designation	Required	Available
	Yoga Instructor	02 (1Male & 1 Female)	01 Female
	Multi-tasking staff	01	01